



# BREAKFAST MENU

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## JUICE OR FRUIT

Seasonal Tropical Blended Fruit Juice

Tropical Fruit Mandela – Tropical Fruit plate

Organic Green Juice shot – Gotu Kola, Moringa & Greens, Brain food

Organic Turmeric shot with pepper – reduces inflammation

## MAIN

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Fruit Smoothie bowl with grated coconut & granola sprinkle (V)

2 Banana crepes with organic palm sugar syrup

Vegan option

Hot Oats/porridge with organic banana

Cow's milk / Coconut cream

Scrambled tofu with garden greens, tomato & toast (V)

With Butter / Olive oil

2 Free range Eggs any style with tomato & Homemade toast

Scrambled / Omelette / No Tomato

Fried / Boiled / Poached / With Butter



## HOT DRINKS

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Black Tea (Teapot)

with milk

Green Tea / Organic Lemongrass / Organic Mint

Espresso – Single shot

Espresso – Double shot

A plunger of Organic Bali Coffee – from the lodge's organic coffee farm

with milk / with coconut cream

Cappucino

with coconut cream / Latte / coconut cream

Hot chocolate

with milk / with coconut cream

