

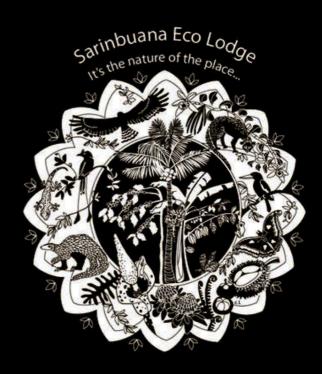




MENU

We highlight seasonal Traditional Balinese dishes drawing from the abundant array of locally grown spices, grains, veggies & pulses.

Many of the items on our menu are grown here in our Permaculture Gardens or on our Organic coffee & vegetable farm 10 minutes walk from the lodge



QUALITY INGREDIENTS

All our meals are prepared onsite using quality ingredients

No palm oil or MSG Local coconut oil, palm sugar replaces sugar, organic rice & probiotic chicken



8AM - 9PM Our meals are prepared daily, without microwaves, we need some time to harvest from our gardens

> WAIT TIME FOR OUR MEAL 30 - 40 MINUTES

EDIBLE GARDEN TOUR

An informative free 1 hour culinary & medicinal tour of the lodge gardens. We have planted everything on our grounds over 30yrs

» Please ask in the office if you would like to join this 1 hour tour



Our Plant book is available for sale in the shop

SPECIALITIES

BALINESE SPICES

The Organic spices used to flavor our meal are all freshly harvested from our gardens and surrounds. Kencur, Galangal, Turmeric, Tamarind, Ginger & Lemongrass.

PALM SUGAR (ARENGA PINNATA)

Sourced locally from the Arenga Palm (not coconut) and added as a sugar/honey replacement throughout our menu. Rich in fiber & calcium to aid digestion.

DAUN KELOR (MORINGA OLEIFERA) This super food leaf contains gram for gram, 7x the vitamin C of oranges, 4x the calcium of milk, 4 x the vitamin A of carrots, 2x the protein of milk & 3 x the potassium of bananas.

WHAT IS A LAWAR?

A lawar is a Balinese dish using seasonal leaf vegetables such as cassava, spinach or amaranth combined with grated coconut and spices.

WHAT IS A SAMBAL?

Sambal is an Indonesian spicy side dish, made from a variety of ingredients such as tomato, gingerflower, lemongrass, lime and always with chili.

NIGHTLY DINNER SPECIALS

Each night we offer a Special meal option, often a local Balinese dish, using local ingredients

ebaliecolodge

APPETIZERS & SNACKS

BRUSCHETTA

75K

Grilled homemade red & black rice bread topped with tomato & capsicum with a drizzle of sesame oil served with small side salad

SNACK MEDLEY for 2-4 people

100K

Mixed plate of – hummus, local feta cheese, salsa dip, homemade: seasonal fruit chutney , pita slices & krupuk

INDONESIAN SNACK MEDLEY 100K for 2-4 people

Mixed plate of – Tofu & vegetable sate, peanut brittle, fried tempe, krupuk, peanut sauce, sambal ulek & matah

BUFFALO WINGS

Cauliflower & broccoli double battered and deep fried, with homemade sweet & sour spicy chipotle & tamarind sauce	85k
» Chicken	95K
FRIED TEMPEH WITH SAMBAL	60K
HERBED POTATO FRIES	60K
HUMMUS DIP WITH CRACKERS	60K
SALSA WITH CRACKERS	60K
SAMBAL (Balinese chilli sauce) » Tomato & chilli » Mentah » Penut sauce	20K
BALINESE CRACKERS	30K

homemade

BOWLS

NOODLE

65K

A delicious clear & light soup, with garden greens served with wheat or rice noodles » With Tofu, Tempeh 75K » With Chicken 85K SOTO 90K An indonesian clear soup with tofu or tempeh, vermicelli noodles, fried shallots, boiled egg and chopped celery

» with chicken 100K

All served with homemade Red & Black rice bread or Organic rice

VEGETABLE SOUP

75K

Blended seasonal vegetables from the garden combined with organic herbs

TOMATO SOUP

75K

100K

Blended Tomato from the garden combined with local herbs. Please ask to add chili

BALINESE CURRY

Creamy coconut Balinese Curry with organic spices & veg

- tofu or tempeh, served with Organic rice
- » with chicken 110K

TOM YUM 80K

A spicy Thai favorite with lemongrass, our home-grown mushrooms & Organic spices. Served with local Organic rice » With Tofu or Tempeh » With Chicken

85K 95K

INDONESIAN

*Spicy on request

NASI GORENG

80K

Local Organic rice, stir-fried with Sambal, garden greens & homemade vegetable crackers (krupuk) 85K » with Thinly Shredded Omelet » with Tofu or Tempeh 85K » with Chicken 90K

MIE GORENG

Pan-fried noodles with

A delicious steamed mixed

vegetable soup with roasted

Balinese spices & Garden	greens
» with Tofu or Tempeh	85K
» with Chicken	90K

CAP CAY

80K

80K

cashew. Served with Organic Rice 85K » with Tofu or Tempeh 90K » with Chicken GADO GADO 90K Assorted steamed vegetable salad

with tofu, tempeh & peanut sauce dressing with Organic rice » with boiled egg

LALAPAN

90K

95K

Deep fried tempe, tofu and eggplant served with spicy tomato sambal, sayur urab, peanut brittle & Organic rice 100K >> with chicken

NON LOCAL DISHES

SPICY THAI CURRY

100K

100K

Local seasonal greens, Asian coriander, lemongrass & coconut cream served with a side of rice 110K » With Chicken

FALAFEL WRAP

Sweet potato wrap with

homemade chickpea falafels and hummus, served with Moroccan cucumber, tomato and peanut salad 110K » with feta cheese

FRITTATA

Local eggs whipped with fresh organic herbs, potato & tomato pan fried, served with side salad

100K

95K

LINDA'S FAMOUS LENTIL STEW

A heart warming rich tomato & garden sourced herbed brown lentil stew with potato & carrot Served with steamed Organic rice or home made black rice bread

SAMOSA AND DAL

100K

100K

2 homemade vegetable samosas served with yellow lentil dal, rice & homemade made local fruit chutney

PAPPARDELLE MARINARA

Homemade pappardelle pasta tossed in homemade tomato herb sauce served with parmesan cheese & fresh oregano





All prices inclusive of 10.5% tax and 5% service

SALAD PLATTER

FOR 2 PEOPLE 225K 4 PEOPLE 390K

A selection of our best Salads Fiddlehead fern tip, Forever young & Asian, served with Raw garden wraps and a side of cashew mayo & homemade red rice bread & edible flowers



SANDWICHES

FRESH OR TOASTED WITH OUR HOMEMADE RED RICE or WHEAT ROLL

» Extra chicken	+20K
» Extra egg	+10K
» Extra Cheddar or feta	+15K

SCHNITZEL ROLL

Breadcrumbed chicken breast or tempe with slaw and mustard mayo

» tempe	/5K
» Chicken	85K

ASIAN TEMPE ROLL

Thinly sliced marinated tempe in coriander, lime cumin with fresh cucumber, capsicum and garden greens

MEDITERANIAN ROLL

75K

65K

Herb marinated capsicum and eggplant with hummus, feta cheese, olives, garden greens



SALADS GARDEN TO TABLE

All salads are served with our Homemade Red & Black Rice Bread

ASIAN FLAIR SALAD

90K

90K

A colorful array of garden greens, spiralled carrot, cabbage, beans, papaya & rice noodles tossed with a sesame chili soy dressing.

» With Tempeh	95K
» With Chicken	105K

FOREVER YOUNG

Fresh healing herbs & greens from our garden- gotu kola & daun kelor, tossed with a zesty lemongrass/ ginger/turmeric dressing and topped with chopped peanuts.

FIDDLEHEAD FERN TIP



A crispy fresh salad with wild harvested organic fern tips mixed with shredded coconut and coconut dressing.

TAMARIND TEMPEH SALAD 90K

Salad greens from the garden served with marinated tempeh and sweet, sour & spicy tamarind dressing

» Chicken	100K
-----------	------

RAW GARDEN WRAP 95K

Raw local vegetables greens wrapped in steamed leaves, served with a creamy cashew mayo & side salad

SPECIAL DINNERS



Wood fire oven can be started up by arrangement for 5 or more people Please see our pizza menu & enquire at the kitchen



Our barbecue is ideal for groups & gatherings

With notice we can arrange BBQ: whole fresh fish, chicken, kebabs, tempeh and vegetables

Spit roasted Balinese pig by Arrangement for groups

2 Days notice required

JUNGLE SPECIAL



Tasty ingredients for this special dinner are harvested seasonally from our organic Permaculture gardens.

Served in hand-woven banana leaf plates a taste of what we do best! Banana stem soup, papaya lawar, curried tempe, homemade krupuk,

yellow rice and 2 types of sambal

Vegetarian, vegan or chicken options

ROMANTIC DINNER FOR 2 PEOPLE

900K

A romantic Balinese candle light dinner, with our local Balinese flute and Rendik players, sending sweet sounds

across the garden to you.

(Please book in advance)

BIRTHDAY OR SPECIAL OCCASION CAKE

Please let us know if you are celebrating a special occasion during your stay with us

We can prepare a personalised cake for you

- » Chocolate with raw chocolate mousse inside
- » Hummingbird with pineapple & salak with a lemon glaze icing

(Please book in advance)

SWEETS REAL COKLAT MOUSSE 65K Organic Cacao Nibs sourced from our Garden, blended with local coconut flesh. Rich in flavor, egg and diary-free **CASSAVA DOUGHNUT BALLS** 65K 8 homemade cassava doughnut balls served with palm sugar syrup and a scoop of homemade ice cream **BUBUR INJIN** 65K Warm black rice pudding, with coconut cream and palm sugar syrup HOMEMADE VEGAN ICE CREAM 50K Please see the blackboard for today's flavors made from local fruits 65K COCONUT CREAM CARAMEL Our asian inspired cream caramel with coconut cream, organic vanilla seeds, topped with palm sugar syrup - has eggs FRUIT PLATTER 35K A medley of local tropical seasonal fruits. **CREPES OR FLAPJACKS** 50K 2 Pan-fried crepes or flapjacks with a scoop of ice cream of your choice topped with palm sugar syrup. » Vegan option available **SNAKE FRUIT CRUMBLE** 65K Baked organic snake fruit from our gardens & dates, topped with freshly grated coconut, oats, palm sugar, and a scoop of ice cream of your choice. Served hot

All prices inclusive of 10.5% Tax and 5% Service